









Mr. Scales, a Gordon First Nation member, grew up in Regina and Cupar. He remembers first being inspired to pursue martial arts after watching Ultimate Fighting Championships on TV. When asked what advice he would give to other Aboriginal youth thinking about starting up a business, he said "seek advice from other business owners, do a business plan, and take it slow, and don't rush into things". AJ started up his business with only 10 students in 2007 and he now teaches over 80.

"When something is your passion, it's not work"

His passion for martial arts inspired him to not only obtain his black belt in Brazilian Jiu Jitsu, but start-up a business or, as he proudly stated "create his own playground". AJ Scales says "when something is your passion, it's not work". AJ searched for an Aboriginal Financial Institution to assist him with the purchase of gym equipment, renovations and a website and found the Saskatchewan Indian Equity Foundation. SIEF is very proud to have assisted him in establishing his business. AJ is owner and head instructor of Complete Mixed Martial Arts located in downtown Regina.



